

Vipava Valley: Kit List



PERSONAL ESSENTIALS

Mountain bike specific helmet (current and fit for purpose)

Mountain bike specific shoes

Knee and elbow pads, biking glasses

Bike gloves x 2 pairs (long finger, not fingerless)

Hand sanitiser and face covering

Padded cycling shorts (at least 2 pairs)

Waterproof jacket

Base layers

Short-sleeved and long-sleeved cycling tops

Windbreaker

Biking socks

Jacket and comfortable clothing for evenings

Sunscreen (SPF 30 or more, including one for lips)

Hydration system (Camelbak)

Insect repellent, and bite relief cream

Re-usable drinks bottle

16-20 litre (minimum) daypack with rain cover (EVOC ideal)

Flip-flops

Swimming shorts/ costume

Extra camera batteries and memory card

OWN BIKE ESSENTIALS

Bike specific brake pads

Bike specific rear mech (derailleur) hanger

Bottle of dry lube

Inner tubes (x1) or 1 bottle of tubeless fluid

Chain specific 'quick link'

Dropper seat post

Professional service must be undertaken prior to trip with dry lube on drivetrain

If there are parts unique to your bike, please bring spare(s) of these

RENTAL BIKE ESSENTIALS

You must bring your own pedals for your rental MTB

RENTAL BIKE RECOMMENDATIONS

We recommend you bring your own saddle for your rental bike

**These items are noted as 'ESSENTIAL' for very good reasons!
For your own safety & comfort please bring them all.**